



INTO THE GARDEN

FALL
2025

HELLO NEIGHBOR!

Welcome to the fall edition of **Into the Garden!** We're embracing all things pumpkin spice, sweater weather, and the beauty of changing leaves. In this issue, we're celebrating everything autumn has to offer—festive local events, a cozy recipe to warm your evening, and a guide on how to host the coziest fall movie night.

Have something you want to share with your community? Reach out to the Leasing Office and we'll do our best to share your ideas on social media or publish them in our next issue. We'd love to hear from you!

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TREASURE HUNT

SOMEWHERE INSIDE THIS NEWSLETTER IS THE NAME OF ONE ELMWOOD MANOR STAFF MEMBER, SPELLED BACKWARDS. FIND IT AND LET THE OFFICE KNOW WHO IT IS, AND WE WILL ENTER YOUR NAME IN A DRAWING FOR A \$150 RENT CREDIT!



ROC SPOTS



Meet. Sip. Share.

Ease into fall with a relaxed evening at Flight Wine Bar, on Monday October 6th and November 10th from 5:00 – 8:00 PM. New faces and familiar ones come together to enjoy great drinks, light bites, and good company. Whether you're looking to connect with neighbors, try a new wine or cider, or soak up the cozy fall vibe, this event is the perfect spot to do so.



ROC The Riverway during Fall

Explore by hiking, paddling, biking, and more—plus plenty of chances to enjoy autumn's colors and crisp weather along the water. Whether you want scenic views, fresh air, or fun on the lakeshore, this is your chance to get outside and experience our riverway in all its seasonal glory.



Halloween Silent Disco

Put on your costume and crank up the fun at Montage Music Hall's Halloween Silent Disco, Saturday, October 24th! It's a uniquely loud (but silent!), immersive night out that's perfect for anyone looking to party without the usual chaos. Don't miss this chance to glow, groove, and get spooky in style!

Fall is brimming with possibilities, and we've rounded up three must-try experiences to enjoy right here in Rochester!



"Golden leaves drift downward, and the light of fall whispers of stillness, comfort, and transformation."

COMMUNITY REMINDERS

- NEVER TURN OFF YOUR HEAT. Thermostats should never be set below 55 degrees during the winter months.
- Lilac Drive is a Town of Brighton Road. There is to be no parking on this road from 2:00 – 7:00 AM, between the dates of 11/1 through 4/15.
- When parking by a sidewalk, please be sure that the front of your vehicle is not hanging over it.
- Tenants shall not park unregistered or unlicensed vehicles on the premises.
- Do NOT start your vehicle to warm it up, and walk away from it. Also, do not leave anything of value in your vehicle. With this in mind, if you notice anything suspicious (example: unfamiliar cars circling in and out of the parking lots) contact 911 immediately with a description.
- We strongly encourage all residents to submit payments online, as it is the most secure method. If you need to make a physical payment, please write checks in black gel ink only, as it is more resistant to tampering and helps protect against fraud.

VIP PROGRAM SPOTLIGHT



Interior Moving Services

While we love having you as part of our community, we know that life sometimes brings changes—and a move may be just around the corner. Whether you're relocating within our properties or heading to a new home, Interior Moving Services provides professional, stress-free services, handling everything from packing to transportation to ensure a smooth transition. Even if you're simply rearranging or creating extra space, their team is ready to assist with all your moving and storage needs.

As a VIP Program Partner, Interior Moving Services is offering exclusive benefits for all Elmwood residents! Enjoy free estimates and \$50 of free packing materials with the purchase of any moving service. For more details, visit their website at interiormoving.com.

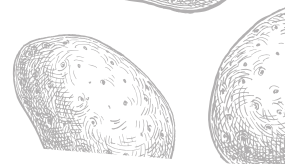
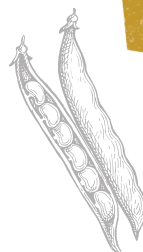


RECIPE CORNER

Best Stuffed Peppers (Serves 6)

Ingredients

2 Tbsp EVOO
1 yellow onion
3 cloves garlic, finely chopped
2 Tbsp tomato paste
1 lb. ground beef
1 ½ cups cooked rice
1 can diced tomatoes



1 ½ tsp. dried oregano
Kosher salt
Black pepper
6 bell peppers, tops and cores removed
1 cup shredded Monterey Jack
Chopped fresh parsley

Directions

1. Arrange a rack in center of oven; preheat to 400°. In a large skillet over medium heat, heat oil. Cook onion, stirring occasionally, until softened, about 7 minutes. Stir in garlic and tomato paste and cook, stirring, until fragrant, about 1 minute more. Add ground beef and cook, breaking up meat with a wooden spoon, until no longer pink, about 6 minutes.
2. Stir in rice and diced tomatoes; season with oregano, salt, and pepper. Let simmer, stirring occasionally, until liquid has reduced slightly, about 5 minutes.
3. Arrange peppers cut side up in a 13" x 9" baking dish and drizzle with oil. Spoon beef mixture into each pepper. Cover baking dish with foil.
4. Bake peppers until tender, about 35 minutes. Uncover, sprinkle with cheese, and continue to bake until cheese is bubbly, about 10 minutes more. Top with parsley before serving.

Source: delish.com



NEIGHBOR 2 NEIGHBOR

Lights, Snacks, Action! Tips for Hosting a Fall Movie Night

There's something magical about autumn that makes it the perfect season for a movie night at home. The crisp air outside, cozy blankets, and the smell of warm cider set the stage for an evening of comfort and fun. Creating a movie night doesn't take much space—just a few thoughtful touches to make your home feel festive and inviting.

Set the Scene

Start by creating a cozy viewing area. Layer throw blankets and pillows on the couch or floor to make it extra comfortable, and dim the lights to give your space that theater feel. If you want to add a seasonal touch, consider stringing up warm-toned fairy lights or adding a few small pumpkins around the room for festive fall décor.

Choose the Right Films

Your movie lineup sets the tone for the night. Fall classics can include lighthearted Halloween favorites, animated adventures, or cozy feel-good comedies. For adults, a mystery or seasonal thriller can add some excitement without being too heavy. To keep everyone engaged, consider letting each person choose one film or vote ahead of time—it makes the experience more interactive.

Serve Seasonal Snacks

Snacks are half the fun of a movie night, and fall is the perfect time to get creative. Popcorn is a must, but you can elevate it with seasonal flavors like cinnamon sugar or caramel drizzle. Add a platter of apple slices with caramel dip, pumpkin-shaped cookies, or a DIY trail mix station for variety. For drinks, warm apple cider or hot chocolate topped with whipped cream are family-friendly options that feel festive and cozy.

Keep It Simple and Fun

The beauty of a fall movie night is that it doesn't have to be elaborate. A few thoughtful touches, some cozy seating, and seasonal snacks are all you need to create lasting memories. Whether you're watching with kids, roommates, or neighbors, it's the perfect way to celebrate the season without leaving the comfort of your apartment or townhome.

Enjoy the Moment

At the end of the day, the goal is to relax, unwind, and enjoy quality time together. By combining cozy setups, tasty fall snacks, and seasonal films, you'll create a tradition that everyone looks forward to year after year.



TREASURE HUNT

DID YOU FIND THE ELMWOOD MANOR STAFF NAME? IF SO, CONTACT US WITH THE ANSWER AT (585) 271-8740 OR ELMWOOD@KONARPROPERTIES.COM BY THURSDAY, OCTOBER 16TH. THE DRAWING WILL BE HELD ON FRIDAY, OCTOBER 17TH, AND THE WINNER WILL BE ANNOUNCED THE SAME DAY.