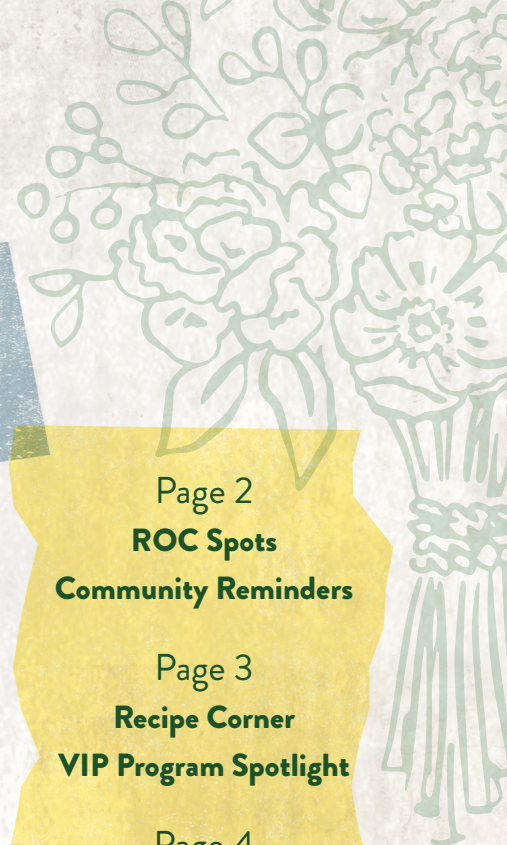




INTO THE GARDEN

SPRING
2026



HELLO NEIGHBOR!

Welcome to the spring edition of **Into the Garden!** We're embracing longer days, fresh blooms, and the renewed energy of the season. In this issue, we're celebrating everything spring has to offer—from vibrant local events and ways to make the most of these brightening days, to a fresh recipe to enjoy and a guide on houseplants, plus much more.

Have something you want to share with your community? Reach out to the Leasing Office and we'll do our best to share your ideas on social media or publish them in our next issue. We'd love to hear from you!

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TREASURE HUNT

SOMEWHERE INSIDE THIS NEWSLETTER IS THE NAME OF ONE ELMWOOD MANOR STAFF MEMBER, SPELLED BACKWARDS. FIND IT AND LET THE OFFICE KNOW WHO IT IS, AND WE WILL ENTER YOUR NAME IN A DRAWING FOR A \$150 RENT CREDIT. NOTE: OUR NEW E-MAIL ADDRESS ON THE BACK!



ROCKSPOTS



Flower City Half Marathon

On April 26th, lace up for the Flower City Challenge in downtown Rochester. This popular spring race features a half marathon, 5K, and kids' run through scenic city streets, making it a fun way to celebrate fitness and community.



Brunch with Bunnies

Hop on over to Brunch with Bunnies at the Seneca Park Zoo on April 4th and 5th for a festive spring brunch with the Easter Bunny. Families can enjoy a delicious meal, fun activities, and time to explore the zoo together.

Rochester Lilac Festival

From May 8th – 17th, the Rochester Lilac Festival returns to Highland Park for 10 days of blooming lilacs, live music, food, and family-friendly fun. This beloved spring tradition celebrates Rochester's famous lilac gardens and features art vendors, entertainment, and activities for all ages.



With spring in the air, there's so much to explore—we've rounded up three experiences to enjoy right here in Rochester!



"With every sprout and bloom, the garden tells the story of spring's gentle return."

COMMUNITY REMINDERS

- The Leasing Office will be closed on Monday, May 25th and Friday, June 19th.
- Be on the lookout for upcoming information on how to sign up for a community garden plot this season. Plots are limited and will likely be assigned on a first-come, first-served basis.
- The 2026 VIP Cards are available and can be picked up at the leasing office. Please limit one per unit.
- As the weather warms up, please remember to pick up after your pet and dispose of waste properly in the dumpsters or designated pet stations to help keep our community clean.
- All dogs must be registered with the Town of Brighton. If your dog is not yet licensed, please visit BrightonNY.gov/308/Dog-licensing to complete the registration.
- Dogs must always be under human control and on a handheld leash no longer than 6 feet when outside. Tethering dogs outside is not permitted.

VIP PROGRAM SPOTLIGHT

Mercury Coffee

Looking for the perfect pick-me-up this spring? Mercury Coffee is Rochester's cozy spot for expertly crafted coffee, matcha, and seasonal treats, making it the ideal stop to refresh your day. Mercury's spring menu includes aerccm naesed specialty drinks like the Peach Wedge Latte, Lake Breeze Matcha Latte, and the Flower City Latte.

As a VIP Partner, Mercury Coffee is giving Elmwood residents an amazing deal: your first drink is free, so you can sip, savor, and discover your new favorite brew. Visit them at 681 South Ave, open daily, and learn more at mercuryoc.com.



RECIPE CORNER



Mango Salsa Chicken (Yields 4–6 Servings)

Ingredients

2 lb. skinless, boneless chicken thighs (about 6)
2 tsp. kosher salt
½ tsp. black pepper
2 Tbsp. olive oil

1 cup long-grain white rice
1 (16-ounce) jar mango salsa
Seasoned black beans
Sliced avocado
Freshly chopped cilantro

Directions

1. Season the chicken thighs on both sides with salt and pepper. Heat the olive oil in a large cast-iron skillet over medium-high heat. Add the chicken and sear until golden brown, 2 to 3 minutes per side. Remove the chicken to a plate.
2. Add the rice, 1 ½ cups water, and 1 cup of the mango salsa to the skillet. Stir and bring to a boil.
3. Nestle the chicken on top of the rice, reduce to a simmer, cover and cook until the chicken is cooked through and the rice is tender, 17 to 20 minutes.
4. Serve the chicken and rice with black beans. Top with the remaining mango salsa, sliced avocado, and cilantro.

Source: thepioneerwoman.com



NEIGHBOR 2 NEIGHBOR

Low-Maintenance Houseplants That Thrive Indoors

Adding plants to your apartment or townhome is one of the easiest ways to brighten your space and improve air quality. The good news is you don't need a green thumb or a lot of time to enjoy the benefits of indoor greenery. There are plenty of low-maintenance houseplants that thrive in indoor conditions and require minimal care, making them perfect for busy residents or small spaces.

Snake Plant

The snake plant is one of the most resilient indoor plants available. It can tolerate low light, infrequent watering, and a wide range of temperatures. Its tall, upright leaves add a striking architectural element to any room, and it's nearly impossible to kill—making it perfect for apartments with limited natural light.

Pothos

Pothos is a trailing plant that grows well in low to moderate light and only needs watering when the soil feels dry. Its vibrant green leaves brighten shelves, hanging planters, or corners, and it's easy to propagate, allowing you to grow even more greenery from cuttings.

ZZ Plant

The ZZ plant is a superstar for low-maintenance indoor greenery. It tolerates low light, irregular watering, and neglect, making it ideal for apartments. Its glossy, dark green leaves give any space a polished look, and it can thrive in conditions where many other plants would struggle.

Spider Plant

Spider plants are incredibly adaptable and easy to care for, thriving in indirect sunlight and needing only occasional watering. They grow quickly and can even produce "babies" that you can re-pot or share with friends, making them a fun, interactive addition to your home.

Peace Lily

Peace lilies are known for their elegant white blooms and ability to purify the air. They do well in low to medium light and only require watering about once a week. Their glossy leaves and delicate flowers add a touch of sophistication to any room, and they're perfect for spring refreshes.

Incorporating low-maintenance houseplants into your home is a simple way to add color, texture, and a sense of calm. Even if you're new to plant care, these easy-to-grow options will thrive indoors, helping your apartment feel fresher, more inviting, and alive with nature.



TREASURE HUNT

DID YOU FIND THE ELMWOOD MANOR STAFF NAME? IF SO, CONTACT US WITH THE ANSWER AT (585) 271-8740 OR INFO@ELMWOODMANOR.NET BY THURSDAY, APRIL 9TH. THE DRAWING WILL BE HELD ON FRIDAY, APRIL 10TH, AND THE WINNER WILL BE ANNOUNCED THE SAME DAY.