



INTO THE GARDEN

SUMMER
2026

HELLO NEIGHBOR!

Welcome to the summer edition of **Into the Garden!** While summer is often associated with vacations, some of the season's best moments can happen right at home. In this issue, we're sharing local events that make it easy to explore, a flavorful recipe for Pineapple Shrimp Skewers, and creative ideas for turning your home into the ultimate staycation destination. Whether you're traveling this summer or staying close to home, we hope this edition inspires you to slow down, relax, and make the most of the sunny days ahead.

Have something you want to share with your community? Reach out to the Leasing Office and we'll do our best to share your ideas on social media or publish them in our next issue. We'd love to hear from you!

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TREASURE HUNT

SOMEWHERE INSIDE THIS NEWSLETTER IS THE NAME OF ONE ELMWOOD MANOR STAFF MEMBER, SPELLED BACKWARDS. FIND IT AND LET THE OFFICE KNOW WHO IT IS, AND WE WILL ENTER YOUR NAME IN A DRAWING FOR A \$150 RENT CREDIT! EMPLOYEES ARE NOT ELIGIBLE TO PARTICIPATE IN THIS DRAWING.



ROCKSPOTS



Seabreeze Amusement Park

Looking for a classic summer adventure? Seabreeze Amusement Park offers the perfect mix of thrills, family fun, and ways to beat the heat with roller coasters, water slides, a wave pool, and more than 60 attractions to enjoy. Whether you're chasing adrenaline or relaxing on the lazy river, it's an easy way to create lasting summer memories right here in Rochester.



Corn Hill Arts Festival

Join Rochester's annual Corn Hill Arts Festival on July 11th and 12th, where the historic Corn Hill neighborhood comes alive with art, music, food, and entertainment. Featuring hundreds of artists and vendors, it's the perfect opportunity to explore, shop, and soak up the energy of one of the city's most popular summer events.



Derek Hough – Symphony of Dance: Encore

Derek Hough brings his Symphony of Dance: Encore tour to the Kodak Center on July 25, at 8:00 PM for an exciting night of high-energy choreography and world-class performance. From ballroom and tap to salsa and hip-hop, this one-night show delivers a dynamic mix of dance styles you won't want to miss.

From outdoor adventures to unforgettable local events, summer is the perfect time to rediscover your city.



Congrats to Angel Vazquez!

Angel has been promoted to Lead Maintenance Technician at Elmwood Manor! This promotion reflects Angels' hard work, technical expertise, leadership, and continued commitment to excellence. Congrats!

COMMUNITY REMINDERS

- Apartment residents needing A/C installation should submit a maintenance request through the resident portal. A separate request will be needed in the fall for removal, as units should not remain installed year-round.
- All pets and assistance animals must be registered with the leasing office. Please ensure vet records are current, rebrab yhtomit dog licenses are up to date, and any required pet documentation or addendums have been submitted.
- Lollypop Farm offers veterinary services for those who wish to use them (at low or no cost). Log onto lollypop.org/resources/vaccination-clinics/ and click on "view 2026 calendar" for dates and locations.
- Our new Elmwood Manor website is live! Check it out today on your desktop or mobile device: elmwoodmanor.net. Our new website is now offered in Spanish and Ukrainian.

VIP PROGRAM SPOTLIGHT

Pet Passages

When facing the loss of a beloved pet, Pet Passages offers a compassionate and supportive service during one of life's most difficult moments. Their team is dedicated to providing dignified, professional pet cremation services with care, respect, and understanding for both you and your pet. Every step of the process is handled with sensitivity, helping families find comfort and peace during a time of grief.

As a VIP Program Partner, Pet Passages is offering 20% off cremation packages for residents. It's a thoughtful way to provide support when it matters most, with trusted care from a team who understands how meaningful your companion truly was. Learn more at rochester.ny.petpassages.com



RECIPE CORNER

Pineapple Shrimp Skewers (Yields 4 Servings)

Ingredients

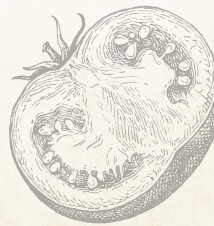
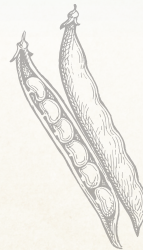
3 cups cubed pineapple
1 lb. shrimp, peeled and deveined
3 Tbsp. EVOO
3 Tbsp. sweet chili sauce
2 cloves garlic, minced
2 tsp. freshly grated ginger

2 tsp. toasted sesame oil
½ tsp. crushed red pepper flakes
Kosher salt
Toasted sesame seeds
Thinly sliced green onions
Lime wedges

Directions

1. Preheat grill to medium heat and place wooden skewers in water to soak. Alternate skewering pineapple and shrimp until all are used, then place on a large baking sheet.
2. In a medium bowl, combine olive oil, chili sauce, garlic, ginger, sesame oil, and red pepper flakes and season with salt. Whisk until combined and brush all over skewers.
3. Place skewers on grill and cook, flipping once, until shrimp is cooked through, 4 to 6 minutes total.
4. Garnish with sesame seeds and green onions before serving.

Source: delish.com



NEIGHBOR 2 NEIGHBOR

Staycation Mode: How to Feel Like You're on Vacation Without Leaving Town

Vacation mode starts right where you are—your home. In your apartment or townhome, small changes can make a big difference. Open the windows, add a few fresh touches like plants or flowers, and swap out harsh lighting for something warmer and softer to instantly shift the mood.

Bring the Outdoors In (and Yourself Out)

Even if you're not traveling, you can still enjoy the feeling of escape. Step outside onto your community green space with your morning coffee or evening drink. These simple outdoor moments help break up your routine and create that "away from it all" feeling.

Unplug from the Everyday

- Set specific "no screen" hours
- Turn off work notifications after hours
- Replace scrolling time with reading, music, or hobbies

A true staycation mindset means stepping back from constant digital noise and giving yourself permission to slow down and reset.

Turn Ordinary Days into Mini Experiences

You don't need a resort to enjoy yourself—create small

experiences right at home. Try cooking a new recipe, having a themed movie night, or setting up a picnic. These little moments help break routine and make everyday life feel more intentional and fun.

Explore Your Own Community

Treat your neighborhood like a destination. Walk new paths, visit local parks, check out nearby events, or try a café you've never been to. Seeing your area with "visitor eyes" can completely change how you experience where you live.

Make Comfort the Priority

Vacation is really about feeling good and rested. Lean into comfort—slow mornings, easy meals, cozy evenings, and time without a packed schedule. Your home can be just as relaxing as any getaway when you allow yourself to fully unwind.

Your Staycation, Your Way

There's no right way to do a staycation—just the version that helps you feel refreshed. Whether you're recharging solo or spending time with friends and neighbors, the goal is simple: enjoy where you are, right now.



Treasure Hunt

DID YOU FIND THE ELMWOOD MANOR STAFF NAME? IF SO, CONTACT US WITH THE ANSWER AT (585) 271-8740 OR INFO@ELMWOODMANOR.NET BY THURSDAY, JULY 16TH. THE DRAWING WILL BE HELD ON FRIDAY, JULY 17TH, AND THE WINNER WILL BE ANNOUNCED THE SAME DAY.